



## 23-24 March 2024 · Moana Pool, Dunedin

### MEET FLYER

The Otago Senior Long Course Carnival is open to all registered Swimming NZ members and international athletes aged 13 years & over as of 31 December 2023. This carnival will be delivered alongside the Otago Junior Long Course Championships to give our senior members a long-course racing opportunity while obtaining qualifying times for the upcoming national season.

Entering this carnival, all participants agree to

- comply with the Sports Anti-Doping Rules
- allow photographs, video, multimedia, or film likenesses taken by accredited photographers to be used for any legitimate purpose by Swimming Otago
- comply with any COVID-19 restrictions and protocols in place at the time of this carnival

Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to and will endeavour to obtain the necessary number of Technical Officials. The pool deck is reserved for accredited personnel and event volunteers throughout the competition; all other persons are to be seated in their designated area in the Grandstand. As always, pool access is free and via the front entrance.

This document may be amended, so keep an eye on the event page to ensure you have the latest version.

#### HEALTH AND SAFETY

Pool Deck is for essential personnel only (Technical Officials and Timekeepers) during the competition. Coaches are to always remain in their designated area. The Grandstand can get very slippery, so to minimise the risk of injury, all athletes must dry off before using the corridors behind the stands. Athletes are not allowed in the reception area in just their swimwear. Stairwells, fire exits, and clearways are always to remain clear. No seating is permitted on the bottom row of seats in the Grandstand as this is a clearway. If the pool requires evacuation, you will be guided by Moana Pool staff; remain calm and follow their instructions.

#### TECHNICAL OFFICIALS, TIMEKEEPERS AND VOLUNTEERS

- Swimming Otago will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in the Swimming NZ approval criteria.
- Indicate your availability by completing the [Duty Form](#) by Saturday, 16 March at 8:00pm.
- A meeting will be held 15 minutes before the start of each session.
- Reminder to bring your water bottle and sunglasses.

#### COACH AND TEAM MANAGER

- Coach and Team Manager forms must be completed on the Swimming NZ Database by Friday, 8 December. A how-to guide can be found [here](#).
- All Coaches and Team Managers must be police vetted, and this accreditation must be visible on their Swimming NZ profile.
- A meeting will be held 30 minutes before the start of session 1.



## ENTRY DETAILS

Individual Event: entry fee per event	\$7.00	Closes Thursday, 14 March 2024, at 11:59pm
Relay Event: entry fee per team per event	\$12.00	Closes Friday, 15 March 2024, at 11:59pm
Swimming Otago Athlete Surcharge Fee per athlete	\$7.00 non-refundable	

- Athlete's age as of 31 December 2023: must be 13 years & over
- All entries must be completed online through [Fast Lane](#) or the Swimming NZ Database, except for international and Para athletes who are to contact Swimming Otago. **No late entries will be accepted.**
- Swimming Otago will invoice clubs with outstanding fees once the final psych sheets are published.
- There are **no Refunds** for any withdrawals after the publication of the final Psych Sheets. However, consideration may be given when a signed medical certificate is provided before the commencement of the carnival.
- Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to.
- Completed entries constitute acceptance of the conditions and rules outlined in the meet documents.
- No qualifying times apply to this carnival; athletes can enter without an entry time, but coaches are asked to ensure their athletes are capable of the distance entered. Times held in the Results database will automatically be converted.

## CARNIVAL RULES

- This carnival will be conducted under Swimming NZ rules, regulations, and policies with the exceptions in this flyer and delivered in a long course format (50m) with electric timing and over-the-top starts.
- Athletes with a disability may compete at this carnival and shall do so under the IPC rules.
- Time trials will not be permitted.
- The Otago Swimwear Policy will be applied at this carnival. To view the policy, click [here](#).
- Results will be published as 13 years and over, as no awards are offered at this carnival.

## MORE DETAILS

- **Draft entry reports** will be emailed to all participants and clubs after the close of individual entries. These are to be checked thoroughly, and advise Swimming Otago of any discrepancies by Saturday, 16 March, at 8:00pm. The final reports, psych sheets, team entry list and timeline will be published on the event page the following day.
- **Seating Plan** will be published in the meet programme. Coaches can utilise the designated coach's area on the pool deck. However, no athlete, manager or coach is to stand or sit outside this area during the competition sessions. Team Managers are asked to ensure athletes do not procure more seats than the team requires; there is enough seating for everyone!
- **Warm Up** is to be conducted under the consultation and guidance of all coaches. Warmup commences forty-five (45) minutes before the start of each session. Backstroke start devices will be made available for use during each warmup period. Lane 8 is reserved for para-athletes only, when applicable. Only lane 1 in the dive/lap pool, during the competition session, is open for warmup/down.
- **Team Managers' meeting** will be held 30 minutes before the start of session 1 in the corridor behind the Recorders office. Each club must have at least one representative at the meeting to ensure they have the latest information. Team Managers will be given a brief run-down of meet activities, expectations of athletes and clubs and general delivery of the event.
- **Marshalling** is dependent on and, therefore, is subject to volunteer availability. An update will be provided at the Team Manager's meeting.
- **Timelines** will be included in the Meet Programme; however, be aware that these times are approximate; races may start before or after the times indicated.
- **Disqualification notices** can be uplifted from Club boxes. Announcements are reliant on and, therefore, subject to volunteer availability.
- **Results** will be posted as soon as possible on the gym window below the Grandstand at the shallow end of the main pool. Meet Mobile will be available, and results will be published on our event page at the end of each session.
- **Club Boxes** and meet forms can be found in the Just Swim office, accessible via the pool deck.

## EVENT SCHEDULE

### Saturday, Session 1

Warm-up from 8:30am, Racing from 9:15am

1. Mixed 200 Butterfly – 11yrs & over
2. Male 100 Backstroke
3. Female 100 Backstroke
4. Male 200 Freestyle
5. Female 200 Freestyle
6. Male 50 Breaststroke
7. Female 50 Breaststroke
8. Mixed 400 Individual Medley – 11yrs & over

### Saturday, Session 2

Warm-up from 2.00pm, Racing from 2:45pm

9. Female 100 Freestyle
10. Male 100 Freestyle
11. Female 50 Butterfly
12. Male 50 Butterfly
13. Mixed 800 Freestyle – 11yrs & over
14. Female 200 Backstroke
15. Male 200 Backstroke
16. Female 4 x 100 Freestyle Relay
17. Male 4 x 100 Freestyle Relay
18. Mixed 4 x 100 Medley Relay

### Sunday, Session 3

Warm-up from 8.30am, Racing from 9.15am

19. Male 100 Butterfly
20. Female 100 Butterfly
21. Male 50 Backstroke
22. Female 50 Backstroke
23. Mixed 1500 Freestyle – 11yrs & over
24. Male 100 Breaststroke
25. Female 100 Breaststroke
26. Male 200 Individual Medley
27. Female 200 Individual Medley

### Sunday, Session 4

Warm-up from 1.30pm, Racing from 2.15pm

28. Mixed 400 Freestyle – 11yrs & over
29. Female 200 Breaststroke
30. Male 200 Breaststroke
31. Female 50 Freestyle
32. Male 50 Freestyle
33. Female 4 x 100 Medley Relay
34. Male 4 x 100 Medley Relay
35. Mixed 4 x 100 Freestyle Relay

## IMPORTANT DATES

Thursday, 14 March at 11:59pm	Individual Entries Close
Friday, 15 March at 11:59pm	Relay Entries Close
Saturday, 16 March at 8:00pm	Entry corrections are due, and the Duty Form closes
Thursday, 21 March	Meet Programme made available on the event page
Friday, 22 March	Coaches and Managers Form Closes
Saturday, 23 March, from 8:30am	Warmup starts at 8:30am, and meetings from 8:45am